

Merrimack School District
Essential Learning Competencies

School	MHS
Discipline	Social Emotional Learning
Course Title	N/A

Quarter 1

Essential Learning Competencies	Links to the Rubrics/Standards/Competency	Formative Assessments	Summative Assessments
<p>1. Self-Awareness. To include: Awareness of emotions, personal qualities and interests, strengths and limitations, and to demonstrate a sense of personal responsibility and advocacy.</p>	<p>https://casel.org/core-competencies/</p>	<p>Informal and formal formative assessments will take place at the conclusion of:</p> <p>Homeroom activities</p> <p>Guidance Presentations</p>	<p>Self-assessment.</p> <p>Exit surveys</p> <p>Teacher Observation</p>
<p>2. Self-Management. To include: Understand and use strategies for managing emotions and behaviors constructively. Set, monitor, adapt, and evaluate goals to achieve success in school and life.</p>	<p>https://casel.org/core-competencies/</p>	<p>Informal and formal formative assessments will take place at the conclusion of:</p> <p>Homeroom activities</p> <p>Guidance Presentations</p>	<p>Self-assessment.</p> <p>Exit surveys</p> <p>Teacher Observation</p>
<p>3. Social Awareness To include: Awareness and consideration of other people's emotions, perspectives, and social cues. Exhibit civic responsibility in</p>	<p>https://casel.org/core-competencies/</p>	<p>Informal and formal formative assessments will take place at the conclusion of:</p>	<p>Self-assessment.</p> <p>Exit surveys</p> <p>Teacher Observation</p>

multiple settings. Awareness and respect for human dignity, including culture and differences. Identify external and community resources and supports.		Homeroom activities Guidance Presentations	
4. Relationship Skills To include: Positive communication and social skills to interact effectively with others. Develop and maintain positive relationships. Demonstrate an ability to prevent, manage, and/or resolve interpersonal conflicts in constructive ways.	https://casel.org/core-competencies/	Informal and formal formative assessments will take place at the conclusion of: Homeroom activities Guidance Presentations	Self-assessment. Exit surveys Teacher Observation
5. Responsible Decision-Making To include: Consider and use multiple factors in decision-making, including ethical and safety factors, personal and community responsibilities, and short-term and long-term goals. Develop, implement, and model effective decision-making skills to deal responsibly with academic and social situations.	https://casel.org/core-competencies/	Informal and formal formative assessments will take place at the conclusion of: Homeroom activities Guidance Presentations	Self-assessment. Exit surveys Teacher Observation

Quarter 2

Essential Learning Competencies	Links to the Rubrics/Standards/Competency	Formative Assessments	Summative Assessments
1.			

2.			
3.			
4.			
5.			
6.			

Quarter 3

Essential Learning Competencies	Links to the Rubrics/Standards/Competency	Formative Assessments	Summative Assessments
1.			
2.			
3.			
4.			
5.			
6.			

Quarter 4

Essential Learning Competencies	Links to the Rubrics/Standards/Competency	Formative Assessments	Summative Assessments
1.			
2.			
3.			
4.			
5.			
6.			